



Meal Requirements	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Juice/Fruit or Veggie Dairy Grain	Croissants with *Blackberry Preserves and Cottage Cheese	Triple-*Berry Overnight *Oats	*Waffles with *Agave and Bananas	*Whole Grain Cereal with Hard- Cooked *Eggs	Yogurt with *Pumpkin Flax Granola and Dried *Blueberries
AM & PM Snack (Select 2) Dairy Meat/Meat Alternative Grain Fruit or Veggie	AM Animal Crackers and *Craisins PM Tortilla Chips and Cheddar Slices	AM *Whole Grain Crackers and String Cheese PM *Lentil Chips with Mango	AM *Strawberry Smoothie with Pretzels PM *Brussel Sprout Puffs and *Carrots	AM *Brown Rice Cakes and *Sunbutter PM *Veggie Straws with *Raisins	AM *Brown Rice Crackers and *Seaweed PM *Sweet Potato Chips with Oranges

* Indicates Organic Product *

Menu may change without notice to meet the immediate needs of the children.

Portions/servings are in accordance with State of Washington's food guideline requirements for children (infants through 5 years).

Substitutions will be made as necessary for children with allergies and dietary restrictions.